

	PSHE Curriculum Overview (All aspects will be covered within the year groups as stated, however the actual order of delivery within a year group maybe subject to change due to external factors)
Year 4	Year 4
Autumn 1	<p>Rights & Responsibilities During this PSHE unit the pupils will be taught: Pupils will understand that with rights come responsibilities. To produce class charter. Pupils will understand that rights and responsibilities can differ according to their role in society Pupils will be aware that basic rights for some children are denied.</p> <p>Dental Hygiene During this PSHE unit the pupils will be taught: To increase children’s awareness of dental hygiene and their responsibilities in maintaining oral hygiene. To demonstrate the correct method of brushing teeth To list factors which prevent dental decay.</p>
Autumn 2	<p>Keeping safe (linked to emergency services) During this PSHE unit the pupils will be taught: Pupils are aware of all emergency services and how to access them Pupils are aware of the dangers of using fireworks To raise awareness of fire safety in the home</p>
Spring 1	<p>Keeping safe focus on feelings During this PSHE unit the pupils will be taught: To listen to others. To understand how to keep safe. To describe and express emotions. To recognise abuse To create pupils personal support network To be aware of national helplines and how to access them</p>
Spring 2	<p>Keeping safe focus on feelings what positively and negatively affects their physical, mental and emotional health to recognise how images in the media (and online) do not always reflect reality and can affect how people feel about themselves to deepen their understanding of good and not so good feelings, to extend their vocabulary to enable them to explain both the range and intensity of their feelings to others to recognise and respond appropriately to a wider range of feelings in others to recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationship that their actions affect themselves and others the concept of ‘keeping something confidential or secret’, when they should or should not agree to this and when it is right to ‘break a confidence’ or ‘share a secret’</p>
Summer 1	<p>Bullying with a (Focus on Cyber safety) During this PSHE unit the pupils will be taught: To explore how the differences between people can lead to mistrust. To understand how it feels to be victimised. To learn ways that conflicts can be resolved and people can live together in harmony.</p>
Summer 2	<p>Bullying with a (Focus on Cyber safety) to recognise how images in the media (and online) do not always reflect reality and can affect how people feel about themselves</p>

	<p>strategies for keeping safe online; the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others</p> <p>to realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber bullying, use of prejudice-based language, 'trolling', how to respond and ask for help)</p> <p>how to recognise bullying and abuse in all its forms (including prejudice-based bullying both in person, online and through social media)</p> <p>to research, discuss and debate topical issues, problems and events that are of concern to them and offer their recommendations to appropriate people</p> <p>to realise the consequences of anti-social, aggressive and harmful behaviours such as bullying and discrimination of individuals and communities; to develop strategies for getting support for themselves or for others at risk</p>
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