

	PSHE Curriculum Overview (All aspects will be covered within the year groups as stated, however the actual order of delivery within a year group maybe subject to change due to external factors)
Year 2	Year 2
Autumn 1	<p>Feelings and Emotions During this PSHE unit the pupils will be taught: To enable children to begin to recognise emotions and their causes To develop a vocabulary for expressing emotions</p>
Autumn 2	<p>Healthy Eating During this PSHE unit the pupils will be taught: <ul style="list-style-type: none"> To explore and experience different types of food and tastes To become aware of nutritional information which may help in making healthy choices To learn about safe food preparation and handling To begin to enjoy cooking what constitutes, and how to maintain, a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health (continue on from year 1) to recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences (continue on from year 1)</p> <p>Life Processes During this PSHE unit the pupils will be taught: To recognise and name the main body parts of humans and animals To know that humans and other animals can produce offspring</p>
Spring 1	<p>Safety in the Home During this PSHE unit the pupils will be taught: To develop an understanding of what is safe/unsafe in the home and surroundings To develop an understanding of what is safe/unsafe when using the internet (Online Safety)</p>
Spring 2	<p>People who make a Difference During this PSHE unit the pupils will be taught: To identify the contribution that many people have made in advancing and improving human lives about people who look after them, their family networks, who to go to if they are worried and how to attract their attention about the ways that pupils can help the people who look after them to more easily protect them to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class to offer constructive support and feedback to others</p>
Summer 1	<p>Money During this PSHE unit the pupils will be taught: To make pupils aware of the value of money.</p>

	<p>To understand the difference between necessity and luxury.</p> <p>To make pupils aware that saving energy in turn saves money</p>
Summer 2	<p>Exercise & Health</p> <p>During this PSHE unit the pupils will be taught:</p> <p>To enable pupils to know that physical activity contributes to a healthy lifestyle</p> <p>To encourage pupils to think about different types of physical activity</p> <p>To enable children to experience enjoyment whilst doing exercise and let them know that not all physical exercise is competitive</p>