

PSHE Curriculum Overview	
(All aspects will be covered within the year groups as stated, however the actual order of delivery within a year group maybe subject to change due to external factors)	
Year 1	Year 1
Autumn 1	<p>Personal Hygiene During this PSHE unit the pupils will be taught: To develop an awareness of the need to keep clean. To encourage good personal hygiene habits. To develop awareness of the need for rules in different contexts To develop an understanding that germs can cause diseases.</p> <p>The Senses During this PSHE unit the pupils will be taught: To become familiar with the names of the sensory organs and what they do To explore the senses using food, materials, different sounds etc. To introduce language associated with each sense. To confidently express opinions and preferences</p>
Autumn 2	<p>Growing and Changing During this PSHE unit the pupils will be taught: To develop understanding about how the body changes as we grow older. To become familiar with the ways in which people’s needs and responsibilities change as they get older To introduce language associated with the human life cycle</p> <p>My Family and Other Animals During this PSHE unit the pupils will be taught: To develop pupil’s understanding of the kinds of relationships that exist within families To build a word bank of “family” relationships. To make children aware that there are many different kinds of families To recognise and respect difference To encourage pupil’s to look at the responsibilities connected towards family members and pets.</p>
Spring 1	<p>Good manners During this PSHE unit the pupils will be taught: To use “please” and “thank you” appropriately. To know not to interrupt others and wait patiently. To speak kind words. To be able share, take turns and let others go first. To use greetings appropriately. To clean up after yourself. To consider the other person’s feelings and needs. To accept compliments graciously. To serve and help others. To listen politely to others.</p>
Spring 2	Recycling

	<p>During this PSHE unit the pupils will be taught: To encourage pupils to take responsibility for recycling waste To start to understand properties of different materials</p>
Summer 1	<p>Keeping Safe – in ourselves and in our local environment During this PSHE unit the pupils will be taught: To develop awareness of the benefits of medicine if used correctly To highlight the dangers and risks of putting unknown substances or other people’s medicines into the body. Introduce the children to people in the community who deal with safety issues To reinforce the rules for basic road safety To develop awareness of our responsibilities towards the environment and personal safety To realise that being out in the Summer sun without sun protection is detrimental to health</p>
Summer 2	<p>Friendship During this PSHEE unit the pupils will be taught: To recognise qualities, behaviours and attitudes which are important in friendships and relationships To respect similarities and differences in each other To accept that others attitudes and values may be different to yours To begin to recognise the range of human emotions and ways to deal with these To recognise the difference between right and wrong in simple everyday situations.</p> <p>Healthy Eating During this PSHE unit the pupils will be taught: To explore and experience different types of food and tastes To become aware of nutritional information which may help in making healthy choices To learn about safe food preparation and handling To begin to enjoy cooking</p>