



The Redeemer with St Stephen's Church of England Primary Schools

Asthma Policy

Date: 2025 - 2026

1. Introduction

The Redeemer CEP recognises that asthma is a significant condition affecting many children. We are committed to ensuring that all pupils with asthma are fully supported so they can access every aspect of school life and thrive in an environment that reflects our Christian vision of 'Growing in the Light of Christ'.

This policy has been written with advice from:

- The Department for Education
- Asthma UK / National Asthma Campaign
- Blackburn with Darwen Local Authority
- Parents and carers

2. Principles of Our School Asthma Policy

The Redeemer CEP:

- Welcomes and supports all pupils with asthma.
- Ensures that pupils with asthma participate fully in all areas of school life, including PE, clubs, and educational visits.
- Recognises that immediate access to reliever inhalers is vital.
- Keeps accurate, up-to-date medical records for pupils with asthma.
- Ensures that the school environment is as asthma-friendly as possible.
- Promotes understanding of asthma amongst pupils and staff.
- Ensures all staff know what to do in the event of an asthma attack.
- Works in partnership with pupils, parents, carers, governors, staff, nurses, and other professionals to ensure consistent implementation of this policy.

3. Leadership and Responsibility

- Luke Devine – Asthma Lead, responsible for implementing, monitoring and reviewing this policy.
- All teachers, supply staff, and additional adults are made aware of the policy, and all Senior Leaders and Office Staff receive additional Asthma training.

4. Medication

Pupil Inhalers

- Medication is kept in a clearly marked first aid box within each classroom.
- All uses are recorded on the proforma available in the medical boxes.
- All inhalers must be labelled with the pupil's name.
- Parents/Carers are responsible for replacing the inhaler each term.

5. Record Keeping

Parents/carers must inform school if their child has asthma and complete the school asthma data capture form, as well as sharing the Health Care Plan created the child's GP or Asthma Nurse.

5.1 Annual Medical Data Capture

Each year, The Redeemer CEP conducts a whole-school asthma data capture, completed online or via paper form. Parents/carers provide:

- Medical Diagnosis
- What reliever inhaler does your child use?
- What signs can indicate that your child is having an asthma attack?
- Does your child tell you when he/she needs medicine?
- Does your child need help taking his/her asthma medicines?
- What are your child's triggers?
- Does your child need to take any other asthma medicines while in the school's care?
- Is there any additional information you would like to share regarding your child's medical diagnosis?
- Have you shared your child's asthma action plan with school?

Information is added to classroom medical folders, and the school asthma register.

Pupils diagnosed after the annual data capture will be sent an individual online link to submit their information. Paper copies are available from the office.

6. Physical Education

Pupils with asthma are encouraged to participate fully. Teachers remind pupils to use inhalers if exercise-triggered.

7. School Trips and Activities

Pupils must have access to inhalers at all times during trips or activities.

8. Staff Training

Annual training is provided via the school nursing team.



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Asthma Attacks – Emergency Procedure

Symptoms may include wheezing, coughing, or shortness of breath.

Immediate action:

1. Help them sit up straight and keep calm.
2. Call SLT or Office Staff to attend.
3. Help them take one puff of their reliever inhaler (usually blue) every 30-60 seconds, up to a maximum of 10 puffs.
4. Call 999 for an ambulance if:
 - their symptoms get worse while they're using their inhaler – this could be a cough, breathlessness, wheeze, tight chest or sometimes a child will say they have a 'tummy ache'
 - they don't feel better after 10 puffs
 - you're worried at any time.
5. You can repeat step 2 if the ambulance is taking longer than 15 minutes.